


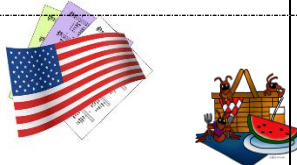


Monday	Tuesday	Wednesday	Thursday	Friday
<p>In a lunchroom far far away May the Forks be with you</p> 	<p>Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight</p>	<p>April Showers Bring May Flowers</p> 	<p>1 Cinnamon Sticks</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>2 Bites</p>  <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>
<p>5 Muffin Top</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>6 French Toast</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>7 Sausage & Cheese Croissant</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>8 Cinnamon Roll</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>9 Donut</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>
<p>12 Waffles</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>13 Donut</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>14 Pretzel w/cheese</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>15 Cinnamon Sticks</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>16 Bites</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>
<p>19 Muffin Top</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>20 French Toast</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>21 Sausage & Cheese Croissant</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>22 Cinnamon Roll</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>23 Donut</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>
<p>26 Happy Memorial Day!</p> 	<p>27 Donut</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>28 Pretzel w/cheese</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>29 Cinnamon Sticks</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>	<p>30 Bites</p> <p>4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz</p>

NYS LOCAL FOODS

*Upstate Farms
Milk and Yogurt
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

- *Daily Entrée-1 (2g) or
- * Assorted Cereal 1oz w/Toast (2G)
- *Bagels w/Cream Cheese(2G)
- *Pop-Tarts w/toast (2G)
- *Cinnamon Rolls (2G)
- *Pillsbury Cinni Minis (2G)
- *Belly Bears w/4oz Yogurt (2G)

Offered with all Breakfasts

- *Whole Grain (WG) Entrees
- *Daily Selection of
Fresh or Prepared Fruit
100% juice -1/2 cup
may take up to 1 cup
- * NY State 8oz 1% or Skim
White Milk 8oz

This institution is an equal opportunity Provider and Employer